



# Your Soul Self: Past Lives, Spirit Guides and Your Life Purpose

with Dr Linda Backman

Southwest Ireland October 13 - 16

Thursday dinner to Sunday lunch

*You are, first and foremost, a soul living one lifetime to the next with significant purpose. Soul evolution is a requirement of the spiritual realm, our original home. We gain wisdom as we progress from life to life.*

This workshop will include teaching, as well as experiential and ritual time. During the three days of this workshop you will come together in a spiritual community to share and deepen your awareness of your soul's truth. We will be at the beautiful [www.DolphinSpiritGate.com](http://www.DolphinSpiritGate.com) on the Dingle peninsula at Inch Beach where we will focus on who are your spirit guides, and how to communicate with them. You will discover one of your significant past lives that is related to life today. Channeled information from advanced beings, called to work with Earth at this time, will teach how to manifest and live your soul purpose path, the reason you've come into body, in your present life. (After the weekend there is an optional extension Oct 16 - 21 with a guided tour of sacred sites combined with an integrative shamanic workshop led by Dr Eve Bruce and Rob Murphy)





**Dr. Linda Backman**, licensed psychologist and regression therapist, has been in private practice for more than 30 years. Since 1993, Dr. Backman has guided innumerable individuals in regression hypnotherapy to access their past and between lives. In this way, she assists people to more fully recognize who they are as a soul throughout repetitive lifetimes, and during the time we are not incarnate. Regression hypnotherapy allows the client to understand their soul mission, soul progress, soul relationships, and much more.

Linda's focus includes guiding regression clients, as well as speaking, writing, and training others in soul regression hypnotherapy both in the US and abroad.

Dr. Backman holds a profound commitment to deepening and heightening our awareness as an individual incarnate soul. From a broader perspective, Linda is deeply focused on a more universal understanding and awareness of the path of soul development that leads to the acceptance of Oneness and Unity of all people and cultures of the world.

Linda studied and co-taught with **Dr. Michael Newton**, author of the seminal books *on Life Between Lives regression therapy*, and co-created and served on the Founding Board of the Society for Spiritual Regression (now The Newton Institute) as Membership Chair and President. In 1997, Dr. Backman and her husband, Dr. Earl Backman, established The Ravenheart Center [www.RavenHeartCenter.com](http://www.RavenHeartCenter.com), a Mystery School in Boulder, Colorado, dedicated to guiding individuals to discover their soul path. In addition, Linda co-founded The International Between Lives Regression Network in 2005, a network for regression therapists and for the promotion of awareness among the general public, in the US and abroad, of the benefits and purpose of Regression Hypnotherapy.

Dr. Backman is the author of "***Bringing Your Soul to Light: Healing Through Past Lives and the Time Between***" and a frequent guest on radio shows, including "Coast to Coast AM" with George Noory.

**\$675** - shared room, full board and tuition -  
[Earl@RavenHeartCenter.com](mailto:Earl@RavenHeartCenter.com) for info and registration